

Our Place

AUGUST 2026

of Jefferson County Inc.

ACTIVITY & RESOURCE CENTER⁵⁰⁺



Dear Friends,

July was a fantastic month at Our Place! We kicked things off in spirited style with our “Patriotic Proud” party, and the energy in the room was wonderful. We are always so proud of the enthusiasm, smiles, and participation everyone brings to our celebrations. Next up, we cannot wait for our “Back to the 50s” party—dust off your dancing shoes and join the fun!

A big thank-you goes out to everyone for taking pictures and stepping up to lend a hand during our busy moments.

Your kindness, teamwork, and willingness to help truly have an influence on our success and prove we are more than just friends, we are the Our Place Family.

You are deeply appreciated!

We are thrilled to welcome many new members to Our Place! To help everyone stay connected and

well-informed, please be sure to read page 7, and feel free to see a staff member if you have any questions.

As we get ready for the fall months, we are excited for cooler weather, seasonal fun, and more opportunities to come together. Be sure to save the date for our Fall Festival and keep an eye out for upcoming educational sessions you will not want to miss!

Sincerely,

Cynthia R. Morris, Administrator

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Glappy Birthday!

Aug. 1 - Cheryl Thompson

Aug. 3 - Carolyn Nicholas

Aug. 5 - Janie Dorsey

Marlene Dunn

Aug. 9 - Terry Ramsey

Steven Dykes

Aug. 12 - Ruth Masters

Melanie Frangos

Sylvia Thompson

Aug. 15 - Deb Booth

Aug. 18 - Susan Thompson

Aug. 27 - Nancy Medcalf

Aug. 28 - Mary Alice Meyer

Aug. 31 - Evelyn Grimm

CONTACT INFORMATION

235 N 4th Street

P.O. Box 524

Steubenville, Ohio 43952

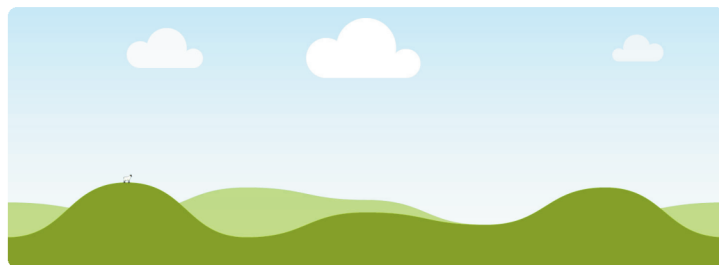
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Website:

OurPlaceJeffersonCounty.com

Facebook:

OurPlaceJeffersonCounty



BIRTHDAYS & CONTACT INFO

02



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Our Place of Jefferson County, Steubenville, OH

14-1850

Parkinson's Support Group



Tuesday, August 11th
10:00 am

Speaker
"ACADIA"

Treatment of Parkinson hallucinations
and delusions associated
with Parkinson's

This group is open to the public.
You do not have to be a member
of Our Place.

 **SOLE VITALITY**

FOOT CARE CLINIC

Where: Our Place Senior Center
When: September 9th, 2026
Time: 10:00 a.m.- 12:00 p.m.
Call to schedule: 740-296-3600

Our services include:

- Inspection and assessment of the feet and nails
- Trimming, thinning, and filing of the toenails
- Thinning and filing of rough skin, corns, and calluses
- Management of in-grown toenails
- Reduction of thick fungal nails
- Moisturizer to end the service
- Education on foot health and prevention

Price: \$30 payable by cash, check, or card.

Please note that services can no longer be performed over nail polish, it must be removed prior to appointment.



Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Tuesday	Wednesday	Thursday
4 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 11:30 Lunch 12:15 Bingo	5 8:00 Coffee Social 9:00 Euchre 10:00 Tai Chi with Robert Bucey 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	6 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo
11 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 11:30 Lunch 12:15 Bingo - Michelle Howard SouthernCare Hospice	12 8:00 Coffee Social 9:00 Euchre 10:00 Craft Class 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	13 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo
18 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 11:30 Lunch 12:15 Bingo	19 8:00 Coffee Social 9:00 Euchre 10:00 Bingorama 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	20 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo - Rachel McCoy Sienna Skilled Nursing & Rehabilitation Center
25 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:00 Blood Pressure Clinic Melinda Burdick Capital Health Nursing & Rehabilitation Centers 11:30 Lunch 12:15 Bingo	26 8:00 Coffee Social 9:00 Euchre 9 - 10 Born to Bingo 10:00 Tai Chi with Robert Bucey 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	27 Back To The 50s Party



Tuesday	Wednesday	Thursday
4 Grilled Chicken Breast w/Mushrooms & Onions Parsley Potatoes Broccoli & Cauliflower-Banana	5 Chef Salad (Lettuce, Tomato, Egg, Cheese, Ham, Turkey, & Onion) Crackers Cookie	6 Meatloaf Mashed Potatoes w/Gravy Peas & Carrots Bread Pudding
11 Meatball w/Cheese on Bun Roasted Potatoes Green Beans Fruit Cocktail	12 Vegetable Lasagna Side Salad w/Tomato Jello Bread	13 Grilled Chicken Breast over Stuffing w/Gravy Broccoli Pears-Bread
18 Cabbage Roll Mashed Potatoes Mixed Vegetables Jello w/Fruit Bread	19 Chicken Parmesan Spaghetti Carrots Ice Cream Novelty	20 Chicken Salad on Croissant Potato Chips Cottage Cheese w/Peaches - Cookie
25 Chicken/Linguini Alfredo Side Salad w/Tomato Carrots Pudding - Bread	26 Turkey & Cheese on Croissant Macaroni Salad Pears	27 Back to the 50s Party
28 Chicken Cobbler Scalloped Potatoes Applesauce Ice Cream Novelty	29 Meatloaf w/Gravy Mashed Potatoes Green Beans Jello Parfait Bread	30 Taco Salad (Lettuce, Tomato, Onions, Cheese, Taco Meat) Tortilla Chips-Cookie
September 1 Beef Patty w/Mushroom Gravy Mashed Potatoes Broccoli & Cauliflower - Cake	September 2 Chicken Tenders w/Dips Potato Salad Fruit Cocktail Bread-Cookie	September 3 Stuffed Shells Side Salad w/Tomato Mixed Vegetables Ice Cream



**LIVING-LEARNING-SHARING-CARING
TOGETHER AS WE AGE**

Positive Aging Strategies to Grow Old Gracefully

Keep Your Brain Alert, Active, And Flexible

“Our brains shrink or atrophy slowly over time, primarily in the white matter, where connections between brain areas are located.”

— Dr. Ethan Russo

To keep your brain active and flexible, give it regular challenges. Choose activities you enjoy so you're more likely to stick with them.

Read books, play word puzzles and jigsaw puzzles, learn new skills, and play games like chess. Take virtual tours of cities, museums, and different cultures to gather new food for thought.

Our brain can reshape its parts according to demands on it — scientists call this neuroplasticity. So:

Rotate your activities to maintain your interest, balance, and flow, and boost your neuroplasticity.

Always believe and practice that you can keep learning and remembering, whatever your age.

Never miss our publication!

Get each new issue
delivered straight to
your inbox.

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MyCommunityOnline.com



Reminders and Information

When you become a member of Our Place you are added to our mailing list for our newsletter, an email list for our newsletter, and text delivery of our newsletter. If you would like to remove any of these delivery options, please complete the form at the registration desk.

You are added to our Robo Call List for phone calls regarding important announcements.

You may purchase a "wallet card". A card may be purchased for any dollar amount and then we will punch the card everytime you use it. Each hole punch is \$3.

Please see one of the staff for further information or questions.

The following are numbers you may want to store in your phone contact list, so you know it is not spam.

Our Place Text Messages: 855-920-2881

Our Place Robo Calls: 740-520-0120

Advertise in Our Newsletter!

Contact Jason Novicky

jnovicky@4LPi.com
(800) 950-9952 x6542



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Back to the 50s

Menu

Cheeseburger & Hot Dog

Stations

French Fries

Rootbeer Floats

Thursday, August 27th
10 - 1

RSVP by Tuesday,
August 25th
Members \$5
Guests \$7

Music

Raffles

Auction Table

50/50 Raffle

Our Place
of Jefferson County Inc.
ACTIVITY & RESOURCE CENTER⁵⁰⁺



SAVE THE DATE

OSHIIP

Ohio Senior Health Insurance
Information Program

Tuesday - September 15th

10 - 11

FALL FESTIVAL

Thursday - September 24th

10 - 1