Our Place of Jefferson County Inc.

ACTIVITY & RESOURCE CENTER 50+

OCTOBER 2026







Dear Friends,

As fall begins, thank you for the energy, kindness, and joy you bring to Our Place. You make this community feel like family.

The "Back to the 50s" Party was a wonderful success, and it was great to see so many of you participating, expecially those who embraced the theme with their 1950s attire.

Our Fall Festival was also a tremendous success, and we sincerely thank the vendors who shared valuable information and resources with our community. We hope this event highlighted the many services and programs available to older adults. Please remember that we are always here to help connect you with resources and support whenever you may need them. You are always our priority!

We will be closed on Thursday, Octoer 8th so we may participate in the WTOV 9 Senior Expo. We encourage you to visit us there; gather information made available to you and don't forget to register for the door prizes.



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08 Halloween Party

We are now looking forward to our annual Halloween Party and can't wait to see the creative costumes many of you will bring to the costume contest. Whether you choose to dress up or simply join the celebration, we look forward to another fun-filled event with dancing, laughter, and friendship.

As we continue to welcome more adults aged 50+ to our communitym we encourage you to share your experiences with friends and family. Invite them to visit us. Your enthusiasm and support help Our Place grow and thrive.

Sincerely, Cynthia R. Morris, Administrator

Happy Birthday!

October 6 - Dorothy Farrister

October 8 - Sharon Miller

October 10 - Marcella Miller

Clarence Reitter & Alice Waller

October 12 - Marilyn Izzi

October 16 - Sallie Casteel

October 19 - Kathy Sivert

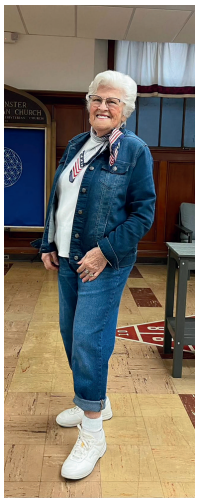
October 20 - Helena Dickey

October 21 - Connie Brant

October 25 - Wayne VanDyke

October 27 - Frances Hubbard

October 28 - Linda Wells







WEBSITE:

OURPLACEJEFFERSONCOUNTY.COM

FACEBOOK:

OURPLACEJEFFERSONCOUNTY

235 N 4th Street

P.O. Box 524, Steubenville, Ohio 43952

740-520-0120

BIRTHDAYS & CONTACT INFO

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Parkinson's Support Group

Our Place
of Jefferson County Inc.
ACTIVITY & RESOURCE CENTER 50+

Tuesday, October 13th
10:00 am

Medtronics
Deep Brain Stimulation
"DBS"

You **do not** have to be a member
of Our Place.



Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



LPi **Call 800.950.9952**

Tuesday	Wednesday	Thursday
		**1** 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo
6 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 11:30 Lunch 12:15 Bingo	**7** 8:00 Coffee Social 9:00 Euchre 10:00 **Tai Chi with Robert Bucey** 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	**8** **Closed** **Come visit us at the WTOV 9 Senior Expo at Florian Hall 8 am - 1 pm**
13 8:00 Coffee Social 10:00 Parkinson's Support Group 11:30 Lunch 12:15 Bingo - **Michelle Howard SouthernCare Hospice**	**14** 8:00 Coffee Social 9:00 Euchre 10:00 Craft Class 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	**15** 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo
20 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 11:30 Lunch 12:15 Bingo	**21** 8:00 Coffee Social 9:00 Euchre 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	**22** 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:15 Line Dancing 11:30 Lunch 12:15 Bingo
27 8:00 Coffee Social 9:30 Fitness Class Cardio Drumming 10:00 Blood Pressure Clinic **Melinda Burdick** **Capital Health Nursing & Rehabilitation Centers** 11:30 Lunch 12:15 Bingo	**28** 8:00 Coffee Social 9:00 Euchre 9 - 10 **Born to Bingo** 10:00 **Tai Chi with Robert Bucey** 11:30 Lunch 12:15 Chair Volleyball 12:15 Line Dancing	**29** HALLOWEEN PARTY

LIVING - LEARNING - SHARING - CARING

TOGETHER AS WE AGE

MENU - OCTOBER

Tuesday	Wednesday	Thursday
		1 Open-Face Roast Beef Sandwich w/Mashed Potatoes & Gravy - Carrots Cake
6 BBQ Beef on Bun Scalloped Potatoes Broccoli & Cauliflower - Sherbet	7 Breaded Chicken Tenders w/Dips Coleslaw Vegetable Medley Bread - Cake	8 **Closed** Come visit us at the WTOV 9 Senior Expo at Florian Hall 8 am - 1 pm
13 Meatball w/Provolone on Bun Parsley Potatoes Green Beans - Cookie	14 Chicken Stir Fry over Noodles w/Asian Vegetables Pears Bread	15 Chili Baked Potato w/Sour Cream & Butter Ambrosia
20 Vegetable Lasagna Side Salad w/Tomato Warm Peach Crumble Bread	21 Sloppy Joe on Bun Potaotes O'Brien Carrots Warm Spiced Apples	22 Tomato Soup Ham Salad on Bun Cottage Cheese w/Peaches
27 Wedding Soup w/crackers Turkey & Cheese on Croissant Warm Applesauce	28 Penne Pasta w/Meatball Side Salad w/Tomato Green Beans Ice Cream Novelty	29 HALLOWEEN PARTY



Menu is subject to change











NEW EXERCISE CLASS

Box Out Parkinson's



Sponsored by
Our Place Activity
& Resource Center

Benefits of Boxing with Parkinson's:

- **Footwork and other agility exercises help improve balance.**
- **Punching speed bags helps improve coordination and posture.**
- **Vocal exercises are incorporated into the workout to help with any voice disorder symptoms of Parkinson's.**
- **Punching heavy bags can build strength and muscle.**
- **Group exercises focus on socialization and community.**



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SAVE THE DATES!

Thursday, November 19th

Thanksgiving Luncheon

and

Thursday, December 19th

Christmas with the coalition

BORN TO BINGO

4th Wednesday of every month
9 - 10 am

Open to the fabulous 50+ crowd! Dive into a breakfast and get your bingo cards ready for some lively fun, all courtesy of:

SouthernCare Hospice Services

A&B Sunset Pharmacy
Free Rx Delivery
(740) 264-5741

Location: 235 N 4th Street
Inside First Westminster Presbyterian Church

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P.O. Box 524, Steubenville, OH 43952

HALLOWEEN PARTY

10 AM - 1 PM
THURSDAY, OCTOBER 29TH

MEMBERS $5
GUESTS $7
RSVP BY TUESDAY, OCT. 27TH

MUSIC - DOOR PRIZES - AUCTION TABLE - 50/50 RAFFLE - LUNCH - COSTUME CONTEST

CABBAGE ROLLS
MASHED POTATOES
PRINCE EDWARD VEGETABLES
DESSERT
COFFEE - TEA - PUNCH

Our Place, 235 N 4th St. Steubenville



740-520-0120

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